Ingredients of the HEARTofGOLD Formula™:
The Formula is a powerful, yet gentle liquid extract, consisting of uniquely blended Certified Organic ingredients:
• Aged Garlic (Allium Sativum)
• Hawthorn (Crataegus Oxyacantha)
• Bilberry (Vaccinium Myrtillus)
• Sea Buckthorn (Hippophae Rhamnoides)
• Cayenne Pepper (Capsicum Frutescens)

What is the HEARTofGOLD Formula™?
It is a food supplement in liquid form having a pleasant taste and it is:
• An arterial nutritional support program as well as cleansing program
• A nutritional support program to strengthen the cardiovascular system
• An immune system nutritional support program for general health and vitality
• High Quality certified organic and wild crafted ingredients
• Free from Genetically Modified Organism inputs (NO GMO)
• Free from chemical additives and synthetic preservatives

HEARTofGOLD Formula™
Based on scientific data from studies of individual ingredients, the formula can help to:
• Prevent heart attacks
• Prevent strokes
• Prevent bypass surgery
• Improve blood circulation
• Relieve angina pain
• Normalize blood pressure
• Clear up clogged arteries
• Lower LDL cholesterol
• Strengthen the heart
• Boost immune system

The Formula is processed according to Standard Operation Procedure (SOP) and Good Manufacturing Practices (GMP) Acts and Regulations

HEARTofGOLD Formula™ AVAILABLE AT:

Manufacturer:
TODA Herbal International Inc.
Vancouver BC, Canada
www.todaherbal.com
<table>
<thead>
<tr>
<th>GARLIC</th>
<th>CAYENNE PEPPER</th>
<th>BILBERRY</th>
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| Garlic and its preparations, such as aged garlic extract, have been widely recognized as agents for prevention and treatment of:  
- Cardiovascular and other diseases  
- Metabolic diseases  
- Microbial infections  
- Atherosclerosis  
- Hypertension  
- Thrombosis  
- Asthma  
- Diabetes  
  Studies show hawthorn:  
  - is useful for mild congestive heart failure and irregular heartbeat  
  - has been known for increasing coronary blood and restoring normal heartbeat  
  - helps treat elevated cholesterol levels.  
| Scientific data has shown that this common vegetable has many beneficial effects on our immune system.  
  Studies show cayenne:  
  - Improves circulation  
  - Purifies the blood  
  - Lowers cholesterol  
  - Reduces risk of heart disease  
  - Prevents blood clots  
  - Relieves pain  
  - Enhances the body’s metabolism  
| The berries, best known as an edible fruit, were used as an ancient food in Northern Europe.  
  - Bilberry flavonoids act as an active blood sugar reducer.  
  - They can also increase certain enzymes and substances in the eyes that are crucial to good vision and eye function.  

### **ONLY NORTH AMERICAN AND EUROPEAN INGREDIENTS USED**

**PLEASE NOTE!**

All of the ingredients in TODA Herbal products are natural, unadulterated, organically grown botanicals, processed according to Natural Health Product Licensing Regulations in Canada. From raw materials to finished product, we strictly follow all SOP (Standard Operation Procedure) and GMP (Good Manufacturing Practices) acts and regulations. The taste and color of the final product may vary slightly from batch to batch. This variation in color and taste is due to the weather and soil conditions the crops are naturally exposed to during their growth period. **The ratio, nutritional value, bio-availability and effectiveness of all the ingredients in TODA products always remains consistent regardless of slight variations in color or taste.**

**SEA BUCKTHORN**

Traditionally used to stimulate digestion, sea buckthorn provides nutritional support for the circulatory system. The freshly pressed juice is used in the treatment of colds and exhaustion. Russian cosmonauts have used its oil for protection against radiation burns in space.

Studies show sea buckthorn normalize liver enzymes, serum bile acids and immune system markers involved in liver inflammation and degeneration.